

BLAKE MIDDLETON, D.O.

918.752.4000

BlakeMiddletonDO@gmail.com

EDUCATION

07/16-06/17 **Texas A&M University Sports Medicine Fellowship**
Fellow

07/13-06/16 **Oklahoma State University Family Medicine Residency**
2015-16 Chief Resident
2014-16 Hospital Osteopathic Utilization Committee

08/09-05/13 **Oklahoma State University-Center for Health Sciences**
Doctor of Osteopathic Medicine

08/05-05/09 **University of Central Oklahoma**
Bachelor of Sciences, Biology

WORK/EXTRACURRICULAR

07/17-Current **McBride Orthopedic Hospital Clinic, Oklahoma City, OK**
Primary Care Sports Medicine Physician

07/17-Current **University of Central Oklahoma, Edmond, OK**
Team Physician

11/16-Current **Octane Athletics Training Systems**
Medical advisor for Dallas based triathlon and endurance coaching team

PROFESSIONAL CERTIFICATIONS/LICENSURE

2018- 2018 **Sports Medicine Certificate of Added Qualifications**

2016-2024 **Board Certified Family Medicine and Osteopathic Manipulative Therapy**

2016-2020 **Texas Medical License**

2014-2019 **Oklahoma Medical License**

2013-2019 **Pediatric Advanced Life Support**

2011-2019 **Advanced Cardiac Life Support/Basic Life Support**

MEDICAL SOCIETY MEMBERSHIPS

- 2016-2018 **America Medical Society of Sports Medicine**
- 2017-2018 **American Society of Osteopathic Sports Medicine**
- 2015-2017 **American College of Sports Medicine**
- 2013-2018 **American College of Osteopathic Family Physicians**
- 2013-2018 **American Osteopathic Association**
- 2009-2018 **Oklahoma Osteopathic Association**

LECTURES/PRESENTATIONS

- 2018 **Foot and Ankle Evaluation and Treatment in Runners**
McBride Spring Physical Therapy and Sports Medicine Conference
- 2017 **Red Flags in the Evaluation and Treatment of Hip Pain**
McBride Fall Physical Therapy and Sports Medicine Conference
- 2016 **Instructor, General Medical Conditions in Athletes**
2nd year Athletic Training course instructor at Texas A&M
- 2015 **Osteopathic Evaluation of Lower Extremity Overuse Injuries**
Oklahoma Osteopathic Association Annual Convention
- 2015 & 16 **Bracing and Splinting Workshop**
Assist in leading workshops at ACOFP annual convention
- 2013 **Preventing Non-Communicable Disease through Diet and Exercise**
Presented during cross-country bike ride to various audiences

INTERESTS

Outside of spending time with my family, my hobbies include participating in endurance sports (triathlon, running, bike tours), traveling, outdoor adventures, and researching about optimal health and athletic performance.

References Available per request